

# KIDS FUN RUN

## Saturday, June 21



**Ages 3-13**

**Distances for  
all abilities!**

This **FREE**, family friendly fun run will kick-start the weekend for the New Balance International Half Triathlon at Elk Lake.

**Hamsterly Beach  
Elk Lake  
3:30pm**

**Prizes & Ribbons for  
all participants**

For more information, visit our website:  
**[www.lifesport.ca](http://www.lifesport.ca)**



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WEST COAST  
TRIATHLON SERIES**